



WesMex International Small Boat Regatta 2026 Sailing Competition

Organizing authority:
Vallarta Yacht Club

Vallarta Yacht Club, Nuevo Nayarit, Nayarit
March 5-9

Sailing Instructions (SI)

Published: February 28, 2026

The notation '[NP]' in a rule of the sailing instructions (RI) means that a boat cannot protest another vessel for breaking that rule. This modifies RRV 60.1.

The notation '[SP]' indicates a rule where the Race Committee or the Technical Committee may apply a standard penalty without a hearing or a discretionary penalty applied by the Protest Committee after a hearing. This modifies RRV A5.1

1 RULES

- 1.1** The regatta will be governed by the rules, as defined in the Racing Rules of Sailing (RRS).
- 1.2** In the event of a conflict between the Notice of Race and the Sailing Instructions, the latter shall take precedence. This modifies RRS 65.3(c).
- 1.3** The following rules will apply:

- a) RRS Appendix P
- b) Rule 40.1 will apply at all times while boats are in the water.

1.4

- (a) If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail.
- (b) In case of discrepancy, the English text will prevail.
- (c) The notations [NP] and [SP] are applicable.

1.5 On the water, the race committee intends to monitor and communicate with the coaches on the following VHF radio channels:

Area	Canal VHF
Optimist	69
ILCA/420	72
Boards	71
Security	63

2 CHANGES TO THE SAILING INSTRUCTIONS

- 2.1** Any changes to the sailing instructions must be published before 10:00 on the day they take effect, except that any changes to the race program must be published before 20:00 on the day before they take effect.
- 2.2** For Optimist class team racing, modifications to a sailing instructions may be made orally while on the water, by displaying the L over A signal with a sound and communicating them verbally from the race committee or referee boats.

3 CODE OF CONDUCT

- 3.1** [DP] Competitors and support personnel will follow reasonable instructions from sailing officials.

4 SIGNALS MADE ON LAND

- 4.1** Signals made ashore will be displayed by the ramp.

- 4.2 [DP] The D flag with a sound means ‘Boats shall not launch until this signal has been given. For Board Classes, the warning shall not be given before the scheduled time or less than 20 minutes after the D flag is displayed. For all other classes, the warning signal shall not be given before the scheduled time or less than 60 minutes after the D flag is displayed.’

5 Schedule

Date	Day	Time	Event
March 4	Wednesday	10:00-17:00	-Early Arrival
March 5	Thursday	10:00-17:00	-Check In
March 6	Friday	10:00-17:00	- Check In
		12:00	- Optimist Team Race
		13:00	- Practice Race (ILCA/420 & Boards)
		17:00	- Dinner (Yacht Club)
		18:30	- Welcome Reception
March 7	Saturday	9:30	- Skippers´ Meeting (Ramp)
		11:00	- Lunch Distribution (Ramp)
		12:30	- First Warning
		17:00	- Dinner (Yacht Club)
		18:30	- Nayarit Sailing Week Opening Ceremony (FIBBA Beach)
March 8	Sunday	9:30	- Skippers´ Meeting (Ramp)
		11:00	-Lunch Distribution (Ramp)
		12:30	-First Warning
		17:00	-Dinner (Yacht Club)
March 9	Monday	9:30	-Skippers´ Meeting (Ramp)
		11:00	-Lunch Distribution (Ramp)
		12:30	-First Warning
		18:30	-Dinner and Awards (FIBBA Beach)

Class	Total Number	Scheduled Races Per Day			Races per day Maximum
		March 7	March 8	March 9	
Optimist	10	4	3	3	4
ILCA 4	10	4	3	3	4
ILCA 6	10	4	3	3	4
ILCA 7	10	4	3	3	4
420	10	4	3	3	4
iQFOiL	12	4	4	4	6
Techno	10	4	3	3	4
Windsurfer LT	10	4	3	3	4

6 To warn boats that a race or sequence of races will soon begin, the orange starting line flag will be displayed with a sound at least 5 minutes before a warning signal is given, except that for Boards the orange flag will be displayed at least 2 minutes before the warning signal.

7 CLASS FLAGS AND CATEGORY IDENTIFIERS

7.1 The class flags are:

Class	Description
Advanced Optimist	Class logo on white background
Optimistic Beginners	Class logo on green background
ILCA 4	Class logo on a yellow background
ILCA 6	Class logo on green background
ILCA 7	Class logo on white background
420	Blue logo on white background
iQFOil	Class logo
Bic Techno	Class logo
Windsurf LT	Bandera "W"

8 Race Areas

8.1 Addendum A shows the location of the race areas.

9 Courses

9.1 The diagrams in Addendum B show the courses, including the approximate angles between legs and the order in which the marks must be rounded and the side which each mark must be rounded.

9.2 The courses for each class will be as follows:

Race Area	Class	Course	Order of Start
Optimist	Advanced Optimist	IOD-M	M
Optimist	Optimistic Beginners	IOD-P	P
ILCA/420	ILCA 4	I2	See signals
ILCA/420	ILCA 6	O2	See signals
ILCA/420	ILCA 7	O2	See signals
ILCA/420	420	I2	See signals
Board	iQFOiL	LSG2/3;LSR2/3;PD;SD;XC	See signals
Board	Windsurfer LT	LSG1/2;LSR1/2	See signals
Board	Bic Techno 293	LSG1/2;LSR1/2	See signals

9.3 When at a gate one of the marks is lost or out of position or has not been anchored, and the race committee does not replace it in accordance with RRV 34, the boats will sail the course around the remaining mark, leaving it to port.

10 MARKS

The marks are:

Marks	Area	Description
Start Pin	Optimist	Red tetrahedron
Finish Pin (Beginners)	Optimist	Green tetrahedron
Course Marks	Optimist	Orange tetrahedrons
Start Pin	ILCA/420	Red tetrahedron

Marks	Area	Description
Start Pin	Optimist	Red tetrahedron
Finish Pin (Beginners)	Optimist	Green tetrahedron
Course Marks	Optimist	Orange tetrahedrons
Finish Pin	ILCA/420	Green tetrahedron
Course Marks	ILCA/420	Yellow tetrahedrons
Start Pin	Board	Yellow tetrahedron
Finish Pin	Board	Red tetrahedron
Course Marks	Board	Orange tetrahedrons

11 Starts

- 11.1** The starting line is either between orange flags displayed between the race committee boats at both ends of the line, or between an orange flag on the signal boat at the starboard end and a buoy at the port end.
- 11.2** Starts will be given in accordance with RRS 26, except that for Boards the warning signal and the preparation signal will be given 3 and 2 minutes before the start signal respectively.
- 11.3** [DP] Boats whose warning signal has not been given will avoid the starting area during the starting sequence of other boats.
- 11.4** A boat that does not start within 4 minutes of its start signal will be scored as Did Not Start (DNS) with no hearing. This modifies RRS 35 and A5.1.
- 11.5** For Boards in slalom trials, a board that starts more than 1 minute after its start signal will be scored as Did Not Start – DNS. This modifies RRS 35 and A5.1.

12 CHANGE OF MARK

- 12.1** To change the next leg of the course, the race committee will move the original mark or finish line to its new position.

13 FINISHES

- 13.1** The finish line is between a blue flag displayed on a committee boat at one end of the finish line and a finish pin at the other end.

13.2 For Boards and ILCA 4, the race committee may finish one or more boats while they are sailing the course. To do so, it will apply a score equivalent to the finishing position it decides. This modifies RRS 35 and A5.1. A boat may not request redress as a result of a race committee action under this instruction. This modifies RRS 61.1(a).

14 TIME LIMITS AND INTENDED TIMES

14.1 The Time Limit for the first boat to reach Mark 1, the Race Time Limit (see RRV 35), the Time Window to Finish, and the Intended Time for each class, in minutes, are shown in the table below:

Class	Mark 1 Time Limit	Race Time Limit	Time Window to Finish	Intended Time
Optimist	25	75	20	45
ILCA 4, 6 y 7	25	75	15	45
420	25	75	15	45
Bic Techno 293	15	40	15	20
Windsurfer LT	15	40	15	20
iQFOiL	15	40	15	20

14.2 If no boat has reached the first mark within the Mark 1 Time Limit, the race will be abandoned.

14.3 The Time to Finish Window is the time boats have to finish after the first boat in their fleet has sailed the course and finished. Boats that do not finish within the Time to Finish Window, will be scored as Did Not Finish (DNF). This modifies RRS 35 and A5.1.

14.4 Failure to meet the Intended Time will not be grounds for redress. This modifies RRS 61.1(a).

15 HEARING REQUESTS

15.1 The protest deadline will be 60 minutes after the last boat finishes in each fleet and will be published by the Protest Committee.

15.2 Hearing requests are submitted at: <https://www.wesmexregatta.org>

15.3 No later than 30 minutes after the deadline for protests has passed, notices will

be published informing competitors of the hearings in which they are parties or have been called as witnesses. The hearings will take place at the published time and location.

15.4 A list of boats that have been penalized for breaching RRS 42 will be published under Appendix P.

15.5 The penalty for breaches of the Notice of Race, Class Rules or other rules under subsection (g) of RRS Definition Rule may be less severe than disqualification at the discretion of the Protest Committee.

15.6 The race committee or technical committee may apply a standard penalty without a hearing for breaches of a rule marked [SP] or listed in the 2026 IODA World Championship Standard Penalties. Scoring will be adjusted according to fleet size. A list of such breaches and their corresponding standard penalties will be published in the OBB. However, the race committee or protest committee may still protest a boat if they consider a standard penalty inappropriate. A boat penalized with a standard penalty will not be protested by another boat for the same incident, and another boat will not be able to seek redress for this action by a committee. This modifies RRV 60.1, A5.1, and A5.2.

16 SCORING

16.1 One race is required for the series to be valid.

17 SAFETY RULES

17.1 [DP] A boat that withdraws from a race or does not sail must notify the race committee at the first reasonable opportunity.

18 EQUIPMENT REPLACEMENT

18.1 [DP] Replacement of damaged or lost equipment is not permitted without written authorization from the technical committee. Requests for replacement must be submitted to the committee at the first reasonable opportunity, which may be after racing.

19 EQUIPMENT AND MEASUREMENT CONTROLS

19.1 At any time, a boat or equipment may be inspected to verify compliance with class rules, notice of race, or sailing instructions.

20 [DP] SUPPORT TEAMS

20.1 Team leaders, coaches and other support personnel will stay out of the areas where the boats are racing from the preparatory signal for the first start until all boats have finished or the race committee signals a postponement or abandonment.

21 WASTE

21.1 Garbage may be placed on official vessels.

22 ASSIGNED PLACES

22.1 [DP] Boats will remain in their assigned places while in the boat parking lot.

23 ACCEPTANCE OF RESPONSIBILITY

23.1 RRS 3 states: 'The decision to enter or continue in a race is the sole responsibility of each boat.' By participating in this event, each competitor accepts and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden weather changes, equipment failure, boat handling errors, poor seamanship on the part of other boats, loss of balance on an unstable platform, and an increased risk of injury due to fatigue. **The risk of permanent and catastrophic injury or death from drowning, trauma, hypothermia, or other causes is inherent in the sport of sailing.**

24 INSURANCE

24.1 Participants are responsible for having adequate liability insurance coverage for this event. It is not the responsibility of the organizing authority to verify that participants have this coverage.

25 TEAM RACE

These instructions apply only to team race. In case of conflict with other instructions, these rules shall take precedence.

25.1 TEAM COMPOSITION

- a) The team races will be run in the Optimist class only and will be scored separately from the fleet races.
- b) Each team will consist of 4 boats. Up to 4 competitors will participate in each race, but the team may have 1 additional reserve competitor. Teams will be identified by colored ribbons tied to the end of the boom.
- c) Each team will inform the race committee of their final team composition no later than 10:00 on March 4th.

25.2 RULES

- a) The RRS Appendix D will apply.
- b) Umpires may use hand signals or voice commands instead of flags. This modifies RRS D2.4.
- c) The red protest flag shall be attached to the competitor, their clothing, or their vest. It may be displayed at arm's length. To protest, the competitor shall move the flag from a concealed position to one where it is clearly visible to the judges and the competitor being protested. This modifies RRS D2.1(b).

25.3 RACE PROGRAM

- (a) Participants in Team Race will be allowed to enter the water before D is deployed. This modifies SI 5.2.
- (b) The first stage will consist of 2 "round robin" groups, followed by a final between the first places of each group, and a "petite final" between the second places of each group.

25.4 COURSE AND MARKS

- (a) The course for Team Racing will be N.
- (b) The races will be sailed in the Area of the Optimist Race Area. The race committee may move to a new location.

- (c) The race committee will attempt to ensure the course is sailed in 8 minutes. Failure to meet this time will not be grounds for a boat to request redress. This modifies RRS 61.1(a).
- (d) The marks will be as follows:

Marks	Description
Start Pin	Red tetrahedron
1, 2, 3 and 4	Orange tetrahedrons
Finish Pin	Green tetrahedron

25.5 START

- a) The start will be in accordance with RRS 26 except that the warning signal will be 3 minutes before the start and the preparatory signal 2 minutes before the start.
- b) The race committee will identify the teams that will take part in the next race before the warning signal.
- c) In the event of an individual recall, the race committee will keep the X flag displayed for up to 1 minute. This modifies RRS 29.1.

25.6 ACTIONS OF THE RACE COMMITTEE

- (a) The race committee may cancel a race for any reason. This modifies RRS 32. This cancellation may be indicated verbally. This modifies RRS 32 and the Racing Signals.

25.7 HEARING REQUESTS

- (a) To make protests and requests for redress other than protests under a rule listed in RRS D2.2, competitors shall notify the umpires or the race committee at the first reasonable opportunity after finishing. Where appropriate, the protest committee will conduct the hearing on the water and communicate its decision verbally.

- (b) The time limit for protesting will be 2 minutes after finishing, for competitors, and 60 minutes for a committee.
- (c) Penalties for violating class rules will be at the discretion of the protest committee.

25.8 VERSION CONTROL

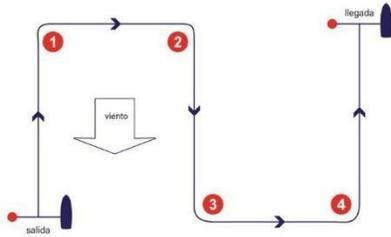
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ANNEX A – REGATTA AREAS



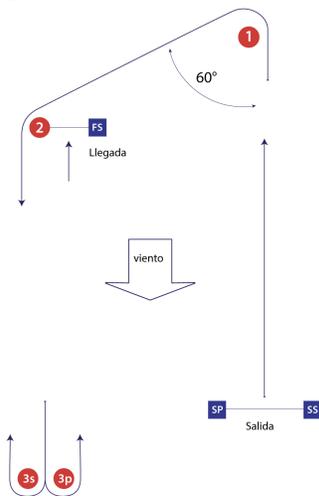
APPENDIX B – Courses

N



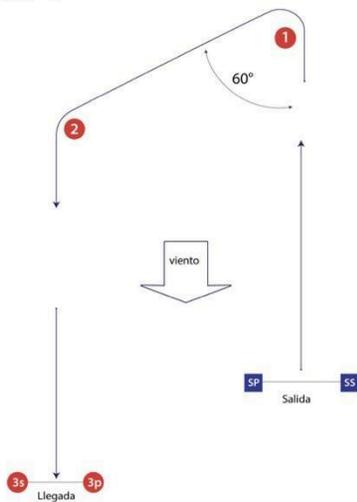
Course	Order of Mark Roundings
N	Start-1-2-3-4-Finish

IOD - M



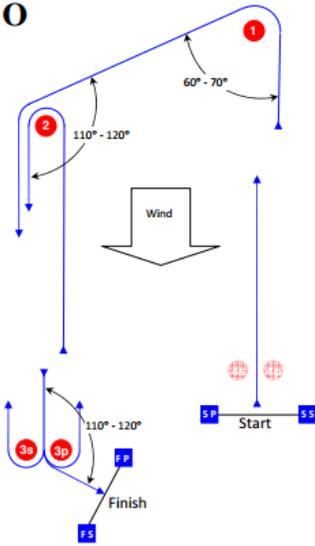
Course	Order of Mark Roundings
IOD-M	Start – 1 – 2 – 3p/s – Finish

IOD - P



Course	Order of Mark Roundings
IOD-P	Start – 1 – 2 – Finish

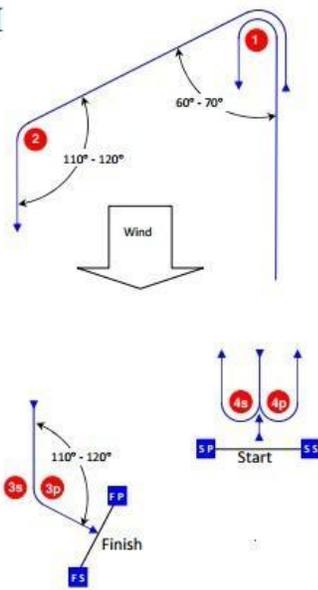
O



Course	Order of Mark Roundings
O2	Start – 1 – 2 – 3p/s – 2 – 3p – Finish

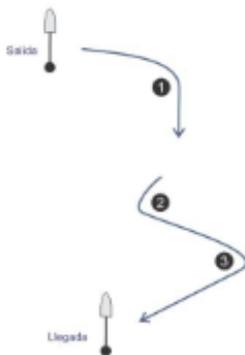
T	Start – 1 – 2 – 3p – Finish
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I



Course	Order of Mark Roundings
I2	Start-1-4p/s-1-2-3p- Finish

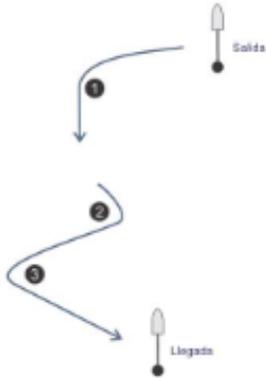
PD



Course	Order of Mark Roundings
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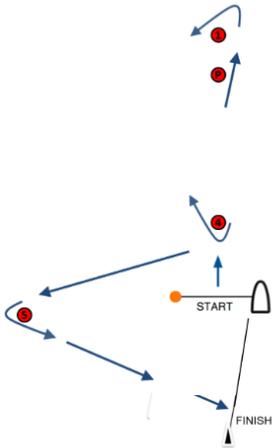
PD	Start – 1 – 2 – 3 – Finish
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SD



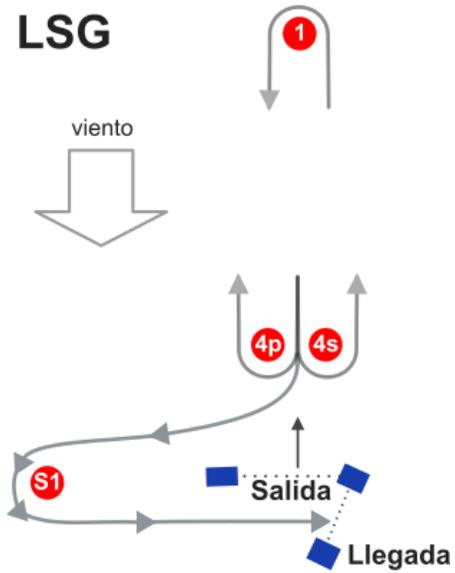
Course	Order of Mark Roundings
SD	Start – 1 – 2 – 3 – Finish

XC



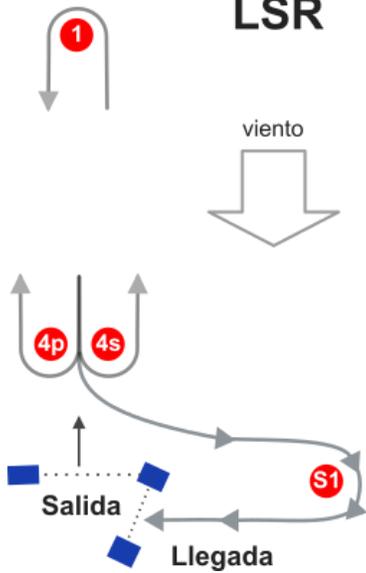
Course	Order of Mark Roundings
XC	Start – P – 1 – P – 4 – P – 1 – P – 4 – 5 – Finish

LSG



Course	Order of Mark Roundings
LSG2	Start - 1 - 4p/s - 1 - 4s - S1 - Finish
LSG3	Start - 1 - 4p/s - 1 - 4p/s - 1 - 4s - S1 - Finish

LSR



Course	Order of Mark Roundings
LSR2	Start - 1 - 4p/s - 1 - 4p - S1 - Finish
LSR3	Start - 1 - 4p/s - 1 - 4p/s - 1 - 4p - S1 - Finish