



## **WESMEX 2025**

February 19-23  
Vallarta Yacht Club  
Nuevo Nayarit, Nayarit, México

## **Sailing Instructions (SI)**

First published on: February 17, 2025

# **1 RULES**

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 In case of conflict between languages the English version of this document will take precedence.

## **2 [DP][NP] SAFETY REGULATIONS**

- 2.1 RRS 40.1 applies at all times while afloat.
- 2.2 Boats not leaving the ramp for a scheduled race shall promptly notify the Race Office.
- 2.3 A boat that retires from racing shall notify the race committee before leaving the race area if possible and shall complete a retirement declaration form online as soon as possible after returning ashore.

## **3 [DP] CODE OF CONDUCT**

- 3.1 Competitors and support persons shall comply with any reasonable request from a regatta official.
- 3.2 [SP] Boats not racing shall avoid the area where boats are racing and stay clear of any official vessel.

## **4 COMMUNICATIONS WITH COMPETITORS**

- 4.1 Notices to competitors will be posted on the official notice board located at <https://www.racingrulesofsailing.org/documents/10007/event> . Each competitor is responsible for obtaining an adequate device and internet connectivity to access the official notice board.
- 4.2 Additionally, courtesy public announcements will be made on the WesMex Regatta WhatsApp group. Sign up by clicking on the QR code at <https://www.wesmexregatta.org/index.php/en/>  
These announcements will not constitute official notices to competitors and the sending of any communication through this channel, its timing or the failure to send or receive it will not be grounds for redress. This changes RRS 61.4(b)(1).
- 4.3 An online system that will enable paperless submissions of hearing requests, scoring enquiries and declarations will be accessible through the Official Notice Board. In case of a system failure, hearing requests and other paper forms will be found at and shall be delivered to the Race Office.
- 4.4 Signals ashore will be displayed from the flagpole near the ramp.
- 4.5 When flag AP is displayed ashore, '1 minute' is replaced with "60 minutes". This changes Race Signal AP.
- 4.6 [SP] [NP] A boat shall not leave its assigned boat bay until flag D is displayed ashore. The warning signal will be made not less than 60 minutes after flag D is displayed or not before the scheduled time, whichever is later.
- 4.7 [DP] When flags AP over H or N over H are displayed from a race committee vessel, all boats in that race area shall immediately return ashore and shall wait there for further signals. (This changes Race Signals AP over H and N over H.)

- 4.8 On the water, the race committee intends to monitor and communicate with coaches on the following VHF radio channels:

<b>Racing Area</b>	<b>VHF Channel</b>
Optimist	69
ILCA/420	72
Safety Boat	63

- 4.9 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 4.10 A coaches'/skippers' meeting will be held February 20, 21, 22 and 23 in the launch ramp area at 10:00.

## **5 CHANGES TO SAILING INSTRUCTIONS**

- 5.1 Any change to Addendum B: Competition Schedule will be posted on the Official Notice Board before 20:00 on the day before it will take effect.
- 5.2 Except for changes to Addendum B: Competition Schedule, changes to the Sailing Instructions will be posted either:
- 5.2.1 no later than 2 hours before the scheduled time of the first race affected; or
  - 5.2.2 no later than 15 minutes before flag AP is removed ashore for a race that is affected.

## **6 FORMAT OF RACING**

- 6.1 The format for all classes will be a single series.
- 6.2 A team racing event will be held for the Optimist class on Thursday, February 20. See Addendum D.
- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

## **7 SCHEDULE OF RACES AND RACING AREA ASSIGNMENT**

- 7.1 The race schedule, including the time of the first warning signals and initial assignments of classes to racing areas, is shown in Sailing Instruction Addendum B.
- 7.2 The race committee may reassign a class to any racing area no later than 2 hours before the scheduled warning signal. However:
- 7.2.1 When flag AP is displayed ashore, the racing area may be changed by posting a notice until 15 minutes before the AP is removed; and
  - 7.2.2 When flag AP is displayed afloat, the racing area may be changed. The race committee will display flag L over the class(es) flag(s) and move to the new racing area.

## 8 COURSES

- 8.1 The diagrams in Sailing Instruction Addendum C and Addendum D show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 Unless the race committee displays a different course designation before or with the warning signal, the courses to be sailed by each class will be as follows:

Class	Course
Optimist	IOD-M
Optimist Beginners	IOD-P
ILCA 7	O2
ILCA 6	I2
ILCA 4	O2
420	O2

## 9 MARKS

- 9.1 In each racing area, inflatable marks will be as follows:

Racing Area	Mark	Description
<b>Optimist</b>	Committee Pin Boat or Start Pin	Red tetrahedron
	Course marks	Orange Tetrahedrons
	Advanced Fleet Finish Pin	Green Tetrahedron
<b>ILCA/420</b>	Committee Pin Boat or Start Pin	Red Tetrahedron
	Course Marks	Yellow Tetrahedrons
	Finish Pin	Green Tetrahedron

- 9.2 If a gate mark is missing and has not been replaced with an object displaying flag M, the remaining mark shall be rounded to port.

## 10 CLASS FLAGS

- 10.1 The class flags are:

Class	Flag
Optimist	Class emblem on white background
Optimist Beginners	Class emblem on green background
ILCA 7	Class emblem on white background
ILCA 6	Class emblem on green background
ILCA 4	Class emblem on yellow background
420	Blue Class emblem on white background

## 11 THE START

- 11.1 Races will be started using RRS 26.

- 11.2 The starting line will be between a staff displaying an orange flag on the race committee signal vessel on the starboard end and a staff displaying an orange flag on a race committee vessel or a red pin mark on the port end.
- 11.3 [DP] When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as the area 75 meters from the starting line and starting marks in all directions.

## **12 COURSE CHANGE**

- 12.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

## **13 THE FINISH**

- 13.1 The finishing line will be between a staff displaying a blue flag on the race committee finish vessel and the course side of the other finishing mark.

## **14 TIME LIMITS AND TARGET TIMES**

- 14.1 The time limits and target times in minutes are as follows:

<b>Class</b>	<b>Race Time Limit</b>	<b>Mark 1 Time Limit</b>	<b>Finish Window</b>	<b>Target Time</b>
<b>Optimist</b>	70	25	15	45
<b>Optimist Beginners</b>	70	30	15	30
<b>ILCA 7</b>	70	25	15	45
<b>ILCA 6</b>	70	25	15	45
<b>ILCA 4</b>	70	25	15	45
<b>420</b>	70	25	15	45

- 14.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 14.3 Boats failing to finish within the time stated in the Finish Window, after the first boat sails the course will be scored Did Not Finish. This changes RRS 35, A4 and A5.1.
- 14.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.4(b)(1).

## **15 [DP] EQUIPMENT AND EQUIPMENT CHECKS**

- 15.1 A boat or equipment may be inspected at any time for compliance with the rules.
- 15.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.
- 15.3 If equipment is required to be registered by the rules, only that registered equipment shall be used.
- 15.4 Substitution of damaged or lost equipment is not allowed unless authorized in writing by the technical committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

## 16 OFFICIAL VESSELS

16.1 Official vessels will be marked as follows:

Vessel	Flag
Jury	J or Jury on a white background

16.2 A boat shall not request redress due to the actions by any official vessel. This changes RRS 61.4(b)(1).

## 17 SCORING

17.1 The Low Point System of RRS Appendix A will apply.

17.2 A minimum of three races are required to be scored to constitute a regatta for each class.

17.3 A boat starting later than the following number of minutes after her starting signal will be scored Did Not Start. This changes RRS 35, A4, A5.1 and A5.2.

Class	Minutes to Start
Optimist	4
Optimist Beginners	4
ILCA 7	4
ILCA 6	4
ILCA 4	4

17.4 A boat's series score shall be the total of her race scores excluding her worst score when 5 races have been completed.

17.5 To request a correction of an alleged error in posted race or series results, a boat may complete and submit a scoring enquiry available online. Athletes' attention is drawn to Sailing Instruction 18.3.

17.6 Competitors who have been scored OCS, UFD or BFD, and their coaches, may access recording(s) of the applicable start(s). Athletes' attention is drawn to Sailing Instruction 18.3.

## 18 PROTESTS, PENALTIES AND REQUESTS FOR HEARING REQUESTS AND PENALTIES

18.1 Protests and requests shall be lodged electronically via the form available on the Official Notice Board within the appropriate time limit. Submissions into this system will be considered as delivered to the Race Office. Once delivered, a hearing will be automatically listed on the list of pending hearings. If this does not show, then the protest/request has not been received.

18.2 The protest time limit for each class is 60 minutes after either:

18.2.1 the last boat in the fleet has finished the last race of the day, or

18.2.2 the race committee signals no more racing today for the class, whichever is the later.

- 18.3 A request for redress based on an incident identified in a scoring enquiry will meet the time limit if:
- 18.3.1 the scoring enquiry was submitted within the time limit specified in RRS 60.3(b) as changed by Sailing Instruction 18.2; and
  - 18.3.2 the request for redress is delivered as soon as reasonably possible after being notified of the race committee's response to the scoring enquiry. The response by the race committee may be notified in writing or through the online system. This changes RRS 61.2(b).
- 18.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the stated room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the protest time limit.
- 18.5 A list of boats that have been penalized under Appendix P for breaking RRS 42 and under Sailing Instruction 18.8 will be posted on the Official Notice Board.
- 18.6 Penalties for breaches of the Class Rules, RRS 50.1, RRS 78 or rules in the Notice of Race and Sailing Instructions marked [DP], or [SP] should the case go to a hearing, are at the discretion of the international jury and may be less than disqualification.
- 18.7 Breaches of rules in the Sailing Instructions or Notice of Race marked [NP] shall not be grounds for a protest by a boat. This changes RRS 60.1.
- 18.8 For breaches of a rule marked [SP], or listed in Addendum G: List of Standard Penalties, the race committee or technical committee may apply a standard penalty without a hearing or a discretionary penalty may be applied by the international jury with a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee or technical committee may still protest a boat if it considers a standard penalty is inappropriate. A boat that has been penalized with a standard penalty shall neither be protested by another boat for the same incident nor can another boat request redress for this committee action. This changes RRS 60.1, A5.1 and A5.2.
- 18.9 When a penalty is given under Sailing Instruction 18.6 or Sailing Instruction 18.8 before a race is started, the penalty will remain if that race is restarted or resailed. This changes RRS 36.

## **19 [DP] SUPPORT TEAMS**

- 19.1 All support persons shall register for the event.
- 19.2 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

## **20 TRASH DISPOSAL**

- 20.1 Trash may be placed aboard official [or support person] vessels.

## **21 [DP] BERTHING**

- 21.1 Boats shall be kept in their assigned places while in the boat park.

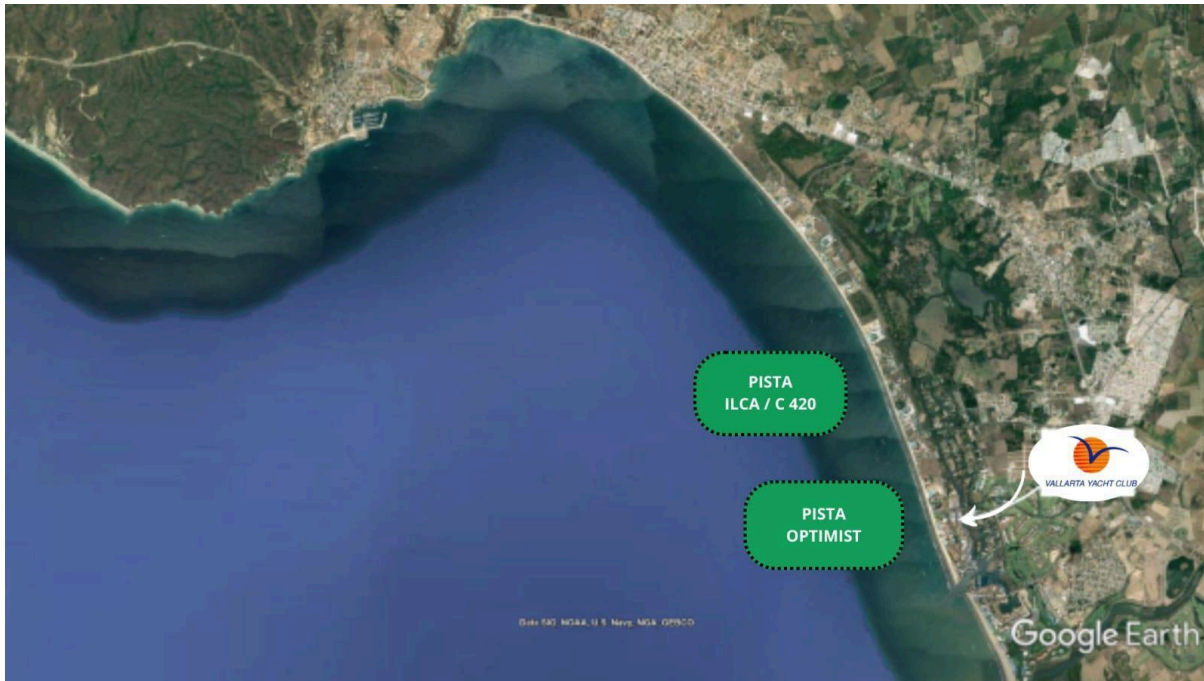
## **22 RISK STATEMENT**

- 22.1 RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## 23 VERSION CONTROL

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### ADDENDUM A: Racing Areas



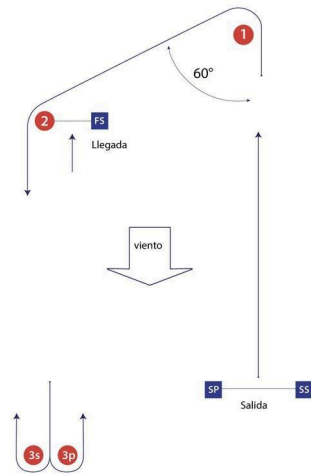


## ADDENDUM B: Competition Schedule

	Thursday, January 20		Friday, January 21		Saturday, February 22		Sunday, February 23	
Class	Warning Signal	# of Races	Warning Signal	# of Races	Warning Signal	# of Races	Warning Signal	# of Races
<b>Optimist</b>	12:00	Team racing	12:00	4	12:00	3	12:00	3
<b>Optimist Beginners</b>	Practice Race		12:00	4	12:00	3	12:00	3
<b>ILCA 4</b>			12:00	4	12:00	3	12:00	3
<b>ILCA 6</b>			12:00	4	12:00	3	12:00	3
<b>ILCA 7</b>			12:00	4	12:00	3	12:00	3
<b>420</b>			12:00	4	12:00	3	12:00	3

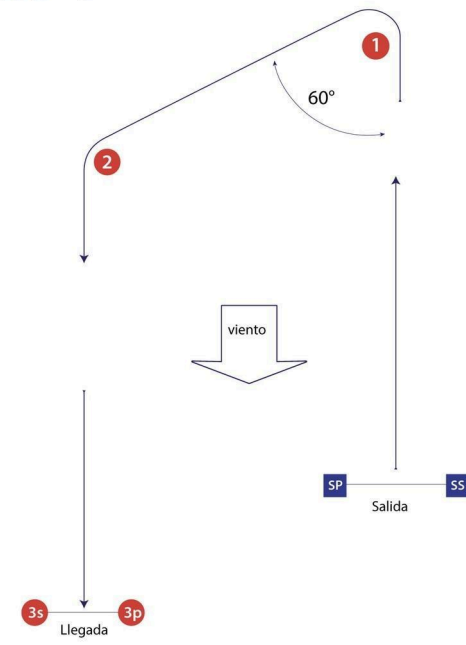
**ADDENDUM C: Courses**

**IOD - M**



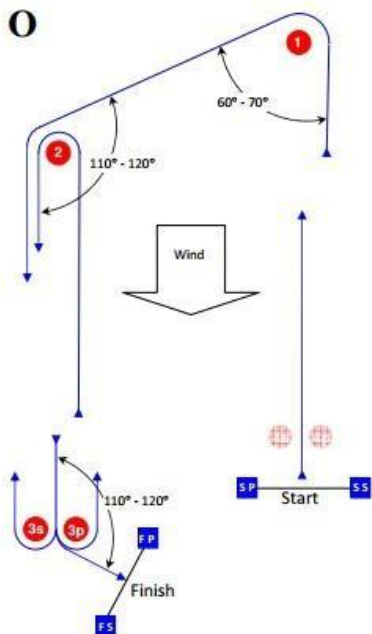
<i>Designation</i>	<i>Mark Rounding Order</i>
IOD-M	Start – 1 – 2 – 3p/s – Finish

**IOD - P**



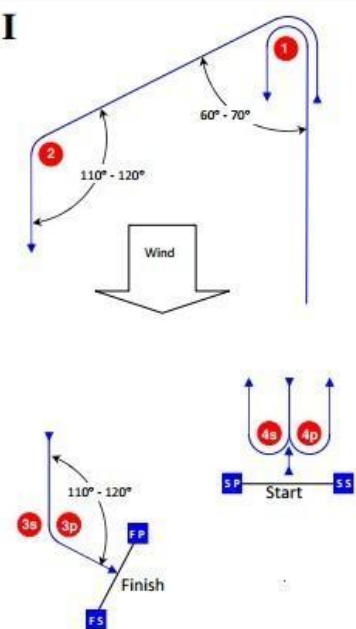
<i>Designation</i>	<i>Mark Rounding Order</i>
IOD-P	Start – 1 – 2 – Finish

**O**



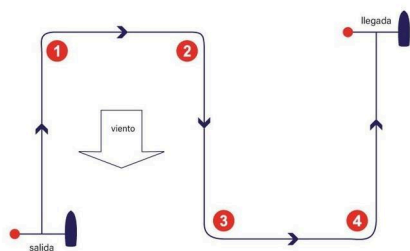
<i>Designation</i>	<i>Mark Rounding Order</i>
O2	Start – 1 – 2 – 3p/s – 2 – 3p – Finish

**I**



<i>Designation</i>	<i>Mark Rounding Order</i>
I2	Start – 1 – 4p/s – 1 – 2 – 3p – Finish

**N**



<i>Designation</i>	<i>Mark Rounding Order</i>
N	Start – 1 – 2 – 3 – 4 – Finish

## **ADDENDUM D: Optimist Team Racing**

*These sailing instructions apply to the Optimist Team Racing competition only. In case of conflict with other sailing instructions, the rules in this Addendum E will take precedence.*

### **E1 TEAM COMPOSITION AND REGISTRATION**

- E1.1 Only the Optimist class will take part in the team racing competition. The team racing will be scored separately from the fleet races.
- E1.2 Each team will consist of 4 boats. Up to 4 skippers from one team may take part in one race, but a team may include an additional reserve skipper.
- E1.3 Each team will register at the race office no later than 10:00 hours on February 20.
- E1.4 No more than 2 teams with skippers from the same club or school may be entered for the event. Mixed teams from different clubs or schools are permitted, but will count towards this maximum.

### **E2 RULES**

- E2.1 RRS Appendix D will apply.
- E2.2 All races will be umpired.
- E2.3 A boat's red protest flag will be attached to the skipper or the skipper's clothing or PFD. It will be able to be displayed at arm's length. In order to protest, the flag shall pass from a concealed position to one where it is conspicuously visible by the umpires and the boat being protested. This changes RRS 60.2(a)(1).

### **E3 RACING FORMAT AND SCHEDULE**

- E3.1 As soon as practicable after teams have registered, the race committee will announce the format that the competition will follow. The competition format, seeding or the order in which races are started will be at the sole discretion of the race committee and competitors are not entitled to request redress on that basis. This changes RRS 61.4(b)(1).

### **E4 RACING AREA, COURSE AND MARKS**

- E4.1 The team racing event will be sailed in the Optimist racing area. The race committee may move to a different location. The race committee will use VHF channel 69 for communication with coaches.
- E4.2 The course for team racing will be course N (see Addendum C).

E4.3 The target time for all races is 8 minutes. Failure to meet this time will not be grounds for redress. This changes RRS 61.4(b)(1).

E4.4 Inflatable marks will be as follows:

Mark	Description
Start mark	Red tetrahedron
Marks 1, 2, 3 and 4	Orange tetrahedrons
Finish mark	Green tetrahedron

## **E5 THE START**

E5.1 Races will be started using RRS 26, with the warning signal made 3 minutes before the starting signal.

E5.2 Before the warning signal, the race committee will announce the teams racing in the next start.

E5.3 When the race committee signals an individual recall using, flag X will be displayed for a maximum of 1 minute after the starting signal. This changes RRS 29.1.

## **E6 RACE COMMITTEE ACTIONS**

E6.1 The race committee may abandon a race in progress for any reason. This abandonment may be signaled orally. This changes RRS 32 and Race Signal N.

## **E7 HEARING REQUESTS**

E7.1 In order to protest or request redress under a rule not listed in RRS D2.2 or D2.3, a boat shall notify the umpires or the race committee orally at the first reasonable opportunity after finishing or retiring from a race. No written hearing request is necessary. If appropriate, the protest committee will conduct the hearing on the water. This changes various rules in Part 5 of the RRS.

E7.2 The protest time limit for boats is 2 minutes after the last boat in the race has finished. The protest time limit for committees is 60 minutes after the last boat in the race has finished.

E7.3 Penalties for infringement of the class rules are at the discretion of the protest committee and may be less than disqualification.